



In 2012, Girl Scouts will celebrate our 100th anniversary! You can celebrate this momentous year by giving back to the community.

Girls can complete “100 Good Deeds” between August 15, 2011 and June 15, 2012 and earn a one-of-a-kind patch as well as receive special recognition at the Governor’s Mansion on SUNDAY - October 28, 2012.

TABLE OF CONTENTS

1. “Good Deeds” Guidelines to Follow	Page 2 - 3
2. Tracking & Reporting Good Deeds	Page 4 - 12
3. Final Report & Patch Order Form	Page 13



Girls Name: _____ Tr/Gr #: _____

WHAT IS A GOOD DEED?

A good deed is an act that a Girl Scout does that positively affects someone else. When a girl does a good deed, she needs to tell her parent, guardian, leader or other adult so it can be logged and tracked on the 100 Good Deed Tracking Report.

GUIDELINES TO FOLLOW:

- A. Good Deeds can be started anytime after August 15, 2011 but all 100 Good Deeds must be completed and final reports submitted to the council no later than June 30, 2012. **No late reports will be accepted.**
- B. Good Deed Tracking reports are to be tracked by and/or submitted to the Troop/Group leader no later than June 15, 2012. This will give the leader 15 days to submit their Final Report and Patch Order form by June 30, 2012.
 - 1. Date = Enter the date the Good Deed was done
 - 2. Description = Provide a brief description of the good deed and include how it helped make your world a better place.
 - 3. Recipient = Enter the name of the person or community that the Good Deed was done for.
 - 4. Leader/Adult Initials = Have the leader or an adult initial that the Good Deed was done and resulted in a positive impact to the community.
- C. Troop/Group leaders will complete and submit the final report. Do not send in individual girl Good Deeds Tracking Reports to the council.
- D. Be sure to practice safety first when doing Good Deeds! Ensure Safety-Wise rules and regulations are being followed when performing Good Deeds.
- E. Be sure Good Deeds are “girl-led”. Let the girls decide what good deeds they’ll be doing and adults just help and mentor the girls as they plan and implement their ideas.
- F. If more than one girl or adult is doing the “same” Good Deed, be sure that all girls and adults actively participate. A Good Deed can be counted towards more than one girl as long as each one that participated.
- G. Good Deeds can be repeated as long as they are done for a new person or in a new community.
- H. Create visibility in the community! Market Girl Scouts when performing Good Deeds! Be sure to let people know you’re with Girl Scouts and that as a Girl Scout you’re doing this Good Deed in order to Make the World a Better Place. Even wear your uniform when in public!
 - 1. Use social media and network through the Council using Twitter and Facebook. Be sure to post results of your Good Deeds as you complete them!
 - 2. Contact the media. Be sure to let everyone know about your Good Deeds!
 - 3. Invite community leaders to be a part of your Good Deeds!
 - 4. Involve your school teachers and principals so they can see all the great things Girl Scouts do for the community!

- I. If asking for In-Kind Donations or contributions to help fund Good Deed projects, be sure to follow fundraising guidelines and submit the appropriate paperwork in advance. Go to <http://www.gswestok.org/forms-facts/> for more information.
- J. If girls or adults are offered any tips or donations while performing a Good Deed, they should politely decline the offer and remind the person that they are doing the Good Deed as a community service. If tips or donations are received for any reason, they must be deposited and used by the Troop/Group, not the individual.
- K. When completing Good Deeds, girls can tie their activities back to the National Program awards and badges.
- L. The following 10 Good Deeds **must be completed** as part of the 100 Good Deeds each girl or adult is doing. So participants only need to identify 90 more Good Deeds:
 1. **Save Energy! Join Earth Hour.** Ask everyone to turn off the lights on March 31, 2012 from 8:30-9:30p local time. Posters and pocket cards are available via www.gswestok.org.
 2. **Save Energy! Go Beyond the Hour.** Replace incandescent light bulbs with EnergyStar qualified, or other energy-efficient bulbs. Have people register energy saving results at www.girlscouts.org/geforevergreen. Posters and pocket cards are available via www.gswestok.org.
 3. **Plant a Rain Garden!** You'll save water by reducing polluted storm runoff; create habitats for native plants and animals; build green space for people to enjoy. Register rain garden results at www.girlscouts.org/geforevergreen. Posters and pocket cards are available via www.gswestok.org.
 4. **Reduce Plastic Waste!** Ask everyone to switch to reusable bags and bottles. Register your personal results at www.girlscouts.org/geforevergreen. Posters and pocket cards are available via www.gswestok.org.
 5. **Recycle!** Educate your classmates or community about the importance of recycling. Challenge them to start recycling glass, newspapers and aluminum cans.
 6. **Well Site Safety!** Coordinate with your teacher or principle to distribute Well Site Safety Activity Books, Posters and/or Folders to students in your class or school. Go to www.OERB.com to order these items.
 7. **Conserve Water!** Educate your classmates or community about the importance of conserving water. Turn the water off when you don't need it on; don't leave the water running when brushing your teeth; take shorter showers, etc.
 8. **Reduce Waste!** Challenge your friends and family to cut down on the use of plastic sandwich bags, Styrofoam cups and plates, etc. Show them how easy it is to use their own dishes and wash and reuse.
 9. **Beautify Your Neighborhood!** Pick up trash around your neighborhood. Gather others to help and be sure to practice safety!
 10. **Donate to Those Less Fortunate!** Gather up gently used clothes, coats and shoes and donate them to an organization that helps others that are less fortunate.
- M. Have FUN and be SAFE!



Girls Name: _____ Tr/Gr #: _____

TRACKING REPORT

Use this form to track your Good Deeds. Forms must be turned in to your troop/group leader no later than June 30, 2012 for verification and in order to place patch order. **Have fun making the world a better place, one good deed at a time!**

1. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
2. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
3. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
4. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
5. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
6. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
7. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
8. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
9. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
10. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____



Girls Name: _____ Tr/Gr #: _____

- 11. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 12. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 13. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 14. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 15. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 16. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 17. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 18. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 19. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 20. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 21. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 22. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____



Girls Name: _____ Tr/Gr #: _____

- 23.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 24.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 25.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 26.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 27.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 28.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 29.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 30.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 31.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 32.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 33.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 34.** Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____



Girls Name: _____ Tr/Gr #: _____

- 35. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 36. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 37. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 38. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 39. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 40. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 41. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 42. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 43. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 44. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 45. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 46. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____



Girls Name: _____ Tr/Gr #: _____

- 47. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 48. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 49. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 50. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 51. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 52. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 53. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 54. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 55. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 56. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 57. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 58. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____



Girls Name: _____ Tr/Gr #: _____

- 59. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 60. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 61. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 62. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 63. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 64. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 65. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 66. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 67. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 68. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 69. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 70. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____



Girls Name: _____ Tr/Gr #: _____

- 71. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 72. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 73. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 74. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 75. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 76. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 77. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 78. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 79. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 80. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 81. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
- 82. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____



Girls Name: _____ Tr/Gr #: _____

83. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
84. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
85. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
86. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
87. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
88. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
89. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
90. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
91. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
92. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
93. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____
94. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____



Girls Name: _____ Tr/Gr #: _____

95. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____

96. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____

97. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____

98. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____

99. Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____



Date: _____ Troop Leader or Adult's Initials: _____
Description: _____
Individual or Community Recipient: _____

Congratulations – YOU DID IT! Thank you for making the world a better place.

Upon completion, give a copy of these forms to your troop leader/volunteer to receive your 100 good deeds patch. Once the leader/volunteer receives these forms, an order will be placed for the patches.

Be sure to retain a copy of this for your Girls Guide to Girl Scouting Handbook or for your Scrapbook!



Girls Name: _____



Final Report & Patch Order Form

Leader's Name: _____ Tr/Gr #: _____

E-Mail Address: _____ Phone: _____

Mailing Address: _____ City/Zip: _____

of Girls/Adults Confirmed as Completing 100 Good Deeds (# of patches): _____

_____ Mail Patches _____ Store Pick-up _____ Pickup at Oct 28 Event

Leader's Signature: _____

Name of Each Girl/Adult (include an additional sheet if more space is needed):

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Return this form to:
Girl Scout Store
Fax: (405) 418-9999
Mail: GSWestOK, 6100 N. Robinson OKC, OK 73118
Email: programs@gswestok.org

NOTE: Do not send individual girl/adult tracking reports... keep these with troop files.

For Office use only: Order mailed: _____ By: _____