



me, myself and I

Girl Survey ~ CADETTES ~ Session 1

These questions are about you and your program. Please circle the response that indicates HOW MUCH YOU AGREE with the sentence. As always, please answer the questions below as honestly as you can! Circle only one response to each question.

username _____



- 1 I can achieve the goals I have set for myself.**
 - a. Strongly disagree
 - b. Disagree
 - c. Not sure
 - d. Agree
 - e. Strongly agree
- 2 I can only be friends with people who have the same values as me.**
 - a. Strongly disagree
 - b. Disagree
 - c. Not sure
 - d. Agree
 - e. Strongly agree
- 3 This program has helped me recognize things I am capable of doing well.**
 - a. Strongly disagree
 - b. Disagree
 - c. Not sure
 - d. Agree
 - e. Strongly agree
- 4 When kids pressure me to be a certain way, I just do what I want to do anyway.**
 - a. Strongly disagree
 - b. Disagree
 - c. Not sure
 - d. Agree
 - e. Strongly agree
- 5 In the future, when something stands in the way of my reaching a goal, I am confident I can figure out how to get around it.**
 - a. Strongly disagree
 - b. Disagree
 - c. Not sure
 - d. Agree
 - e. Strongly agree

- 6 I really like who I am no matter what other people think.**
 - a. Strongly disagree
 - b. Disagree
 - c. Not sure
 - d. Agree
 - e. Strongly agree
- 7 I can do most things I try, even if they are hard.**
 - a. Strongly disagree
 - b. Disagree
 - c. Not sure
 - d. Agree
 - e. Strongly agree
- 8 I felt comfortable sharing my ideas and feelings in today's session.**
 - a. Strongly disagree
 - b. Disagree
 - c. Not sure
 - d. Agree
 - e. Strongly agree
- 9 I enjoyed today's session.**
 - a. Strongly disagree
 - b. Disagree
 - c. Not sure
 - d. Agree
 - e. Strongly agree
- 10 Which of the following was your favorite activity from today's session? Remember, please circle only one item.**
 - a. Word Box activity
 - b. "True or Not True" game
 - c. "Talents & Strengths" Guessing Game activity
 - d. "Super Heroine Character" activity
 - e. Other (please describe): _____

 - f. I didn't like any of the activities in today's session
- 11 Today's session will help me to become a better leader.**
 - a. Strongly disagree
 - b. Disagree
 - c. Not sure
 - d. Agree
 - e. Strongly agree

Thank you so much for completing this survey! We value your thoughts and opinions about yourself and your Girl Scout program and appreciate your help. If you have any questions about taking this survey please speak with your program leader.

