

the “me” in the media

username _____

Girl Survey ~ CADETTES ~ Session 2

These questions are about you and your program. Please circle the response that indicates HOW MUCH YOU AGREE with the sentence. As always, please answer the questions below as honestly as you can! Circle only one response to each question.



1 The girls I see on TV and in magazines look like girls I know.

- a. Strongly disagree
- b. Disagree
- c. Not sure
- d. Agree
- e. Strongly agree

2 I feel pressure to look perfect.

- a. Strongly disagree
- b. Disagree
- c. Not sure
- d. Agree
- e. Strongly agree

3 I plan on spending less time trying to look like the girls in magazines and on TV.

- a. Strongly disagree
- b. Disagree
- c. Not sure
- d. Agree
- e. Strongly agree

4 I plan to talk to my friends about the unrealistic way the media portrays girls.

- a. Strongly disagree
- b. Disagree
- c. Not sure
- d. Agree
- e. Strongly agree

5 I understand that magazines and TV want me to think a certain way about beauty.

- a. Strongly disagree
- b. Disagree
- c. Not sure
- d. Agree
- e. Strongly agree

6 In the future, when people pressure me to look a certain way that is not “me”, I will refuse to change.

- a. Strongly disagree
- b. Disagree
- c. Not sure
- d. Agree
- e. Strongly agree

7 I felt comfortable sharing my ideas and feelings with the program leader and other girls in this session.

- a. Strongly disagree
- b. Disagree
- c. Not sure
- d. Agree
- e. Strongly agree

8 I enjoyed today’s session.

- a. Strongly disagree
- b. Disagree
- c. Not sure
- d. Agree
- e. Strongly agree

9 Which of the following was your favorite activity from today’s session? Remember, please circle only one item.

- a. “Truth in Advertising” handout
- b. “A Little Touch Up?” handout
- c. “Smoke & Mirrors” handout
- d. Ad Campaign activity
- e. Other (please describe): _____

f. I didn’t like any of the activities in today’s session

10 Today’s session will help me to become a better leader.

- a. Strongly disagree
- b. Disagree
- c. Not sure
- d. Agree
- e. Strongly agree

Thank you so much for completing this survey! We value your thoughts and opinions about yourself and your Girl Scout program and appreciate your help. If you have any questions about taking this survey please speak with your program leader.

