

## Good friends...

Laugh **with** you

Share stories **with** you

Listen to what **you** have to say

**Help** you when you feel down

**Accept** you for who you are

**Are happy** when you succeed

## Not-so-good Friends...

Laugh **at** you

Share stories **about** you

Only care about what **they** have to say

**Don't want to be around** when you're feeling down

**Pressure** you to be different

**Are not happy** at your success

## What to do about the not-so-good friends?

- Tell them how you feel—maybe they will change their ways.
- Spend less time with them and more time with your good friends.
- ▲ Make new friends.

