

Guess what?

Whether you like it or not, your body can say things you're not aware of! Learn what "body language" reveals so you won't send the wrong message. Watch other people's body language. Do their words match what their body is saying?

What

Are You

Really

Saying?



Body Language Match-Up

Match the numbers from the "Body Language" column to the letters in the "What it means" column.



Body Language

1. Rolling Eyes
2. Smiling
3. Tapping fingers
4. Arms crossed
5. Standing very close
6. Using hands a lot

What it means

- A. I don't want to talk about this.
- B. Look at me.
- C. Duh!
- D. You've got to believe me!
- E. You're wasting my time.
- F. Yes!

Answer Key: 1=C, 2=F, 3=E, 4=A, 5=B, 6=D

Act out some of the body language signs you just learned with friends or make up some of your own. Have your friends guess what you're trying to say.