

THE REAL DEAL



sticky situations

This is a group game, so get your friends together. Start by getting into pairs. Pick one of the sticky situations below and have someone read it out loud to the whole group. Now, each pair goes to a private spot and spends a few minutes figuring out how they would handle the situation – what would each person say and do? (The interaction should be believable – you and your partner can't simply agree right away!) When time is up, each pair acts out the situation for the rest of the group. (Remember, no changing of plans during these performances; every pair should stick with the original plan for dealing with the situation.) After all the pairs have taken their turn, discuss the most helpful solutions. Which were the least helpful? Repeat with other sticky situations, or come up with your own.

STICKY SITUATION #1

Your best friend has been talking to you nonstop for a month about how much she wants to be a cheerleader. There's only one problem: she can barely clap her hands and stomp her foot at the same time. Tryouts are in a week. Start the scene with your friend asking you if you think she'll make the squad.

STICKY SITUATION #2

Your friend says she wants to do well in biology. She says that she's been working hard. You know that she often finishes her homework in the hall before class, and she was on the phone with you the entire night before a test. Start the scene with your friend complaining to you about how she can't catch a break.

STICKY SITUATION #3

Your mom has been stressed out and on a short fuse lately. A project for work is taking up all of her time. The worst part is she doesn't seem to realize how unreasonable she has been. Start the scene with your mom getting angry at you for leaving the milk out on the table. (Remember, the idea is to show how to give and take constructive criticism, not start a fight.)

STICKY SITUATION #4

Come up with your own!
