

# Uniquely ME! Patch Program



Beginning February 15, 2010 the council will provide **Uniquely ME! patches** (at no cost) to each girl that attends and participants in one or all four of the Uniquely Me! sessions for their age level. *(Only one patch per girl).*

**What is uniquely ME?** Created by Girl Scouts of the USA and Unilever to address the critical nationwide problem of low self-esteem among adolescent and pre-adolescent girls, the uniquely ME! program is designed to foster positive self esteem among girls, ages 8 to 17:

### Junior Sessions (grades 4-5)

- SESSION ONE  
all about me!
- SESSION TWO  
me and the media
- SESSION THREE  
me inside and out
- SESSION FOUR  
me and you

### Cadette Sessions (grades 6-8)

- SESSION ONE  
me, myself and i
- SESSION TWO  
the "me" in the media
- SESSION THREE  
Serene Scene
- SESSION FOUR  
truth and consequences

### Ambassador Sessions (grades 9-12)

- SESSION ONE  
the real me
- SESSION TWO  
mind over media
- SESSION THREE  
dare to shine
- SESSION FOUR  
my relationships, myself

\*Go to <http://www.gswestok.org/uniquelyme> for facilitator guides, surveys and implementation report form. \*

**The following forms must be submitted in order to receive the patches: (for sessions completed on or after Feb. 15<sup>th</sup>). Submit to GSWESTOK – Attn: Pathway Dept:**

- Completed Implementation Report
- Completed Pre-Survey forms from each participant for each session completed
- Completed Post-Survey forms from each participant for each session completed
- Patch Order Form

Note: *Girls who completed one or more Uniquely ME sessions before February 15, submit the implementation report and patch order form to receive your patches.*

✂ Cut Along This Line ✂

## Uniquely ME! Patch Order Form



Troop/Group #: \_\_\_\_\_ Service Unit #: \_\_\_\_\_ or School: \_\_\_\_\_

Leader/Volunteer Name: \_\_\_\_\_

Contact Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Age Level(s): \_\_\_\_\_ # of Girls: \_\_\_\_\_ # of Patches: \_\_\_\_\_ Pickup at SU or Council

For Official Use Only: Person filling order: \_\_\_\_\_ Date filled: \_\_\_\_\_ Sent to: \_\_\_\_\_

- Implementation Report
- Pre-Survey
- Post-Survey
- Patch Order Form