



Ways to Enhance your uniquely ME! Sessions

For all you need to know about implementing uniquely ME! sessions, be sure to review the [uniquely ME! Guide for Facilitators](#), a free, downloadable turnkey curriculum for each of the three grades levels. Please note that there are many ways to use the grant funds to enhance the sessions—from purchasing art supplies to ingredients for making healthy snacks. The following tips come from councils that have used the grant money to leverage programs.



Purchase program supplies.

- ◆ Collage materials (see *All About Me* workshop, *Junior Session One*)
- ◆ Ingredients for a healthy snack (see *Me—Inside and Out*, *Junior Session Three*)
- ◆ Purchase a \$50 camera to use in a workshop with 10 girls, or a \$500 laptop (see “*Me*” in the *Media*, *Cadette Session Two*) for 100 girls.



Design your own uniquely ME! patch.

- ◆ Create a free patch for troops who have participated in the program. GSUSA will provide the uniquely ME! logo for the patch.
- ◆ Alert troop leaders about the patch through an email blast, service unit meetings, council website or advertisements in council publications.
- ◆ Distribute patches at community meetings or have volunteers pick them up at council offices or service unit centers.



Create customized goodie bags for each of the four sessions.

- ◆ Include things like T-shirts, postcards for girls to fill out if interested in Girl Scouting, a patch, and information promoting upcoming council events.
- ◆ Use goodie bags as awards for the first group or troop to complete two sessions.



Create program kits for Service Unit libraries.

- ◆ Include the suggested resources and supplies for all activities in the *Guide for Facilitators*.
- ◆ Include patches, fun giveaways and handouts for the program.

A special thank you to the councils who shared their stories and promising practices